9th Form

TEST

Reading 1.

Read the text about the daily routines of a sportswoman and for questions 1 to 6 choose the correct answer.

The daily routines of a sportswoman.

Janet is an athlete, and she wakes up at 4:30 am every weekday morning. She spends the first 30 minutes reading and then 15 minutes meditating. At 5:15 am Janet checks her email for only 30 minutes and then goes for her first run of the day. She runs for an hour and a half along the lake near her house. After running, Janet has a shower and then prepares breakfast, which is usually cereal and fruit. However, she occasionally has a less healthy breakfast.

She usually finishes breakfast at around 8 am. If it is a weekday, she always leaves the house at 8:20 and goes to training. Her training starts at 9 am, and she needs 30 minutes to drive to the gym. She trains for 3 hours with her team and then goes home for lunch. She always eats a very big and healthy lunch. As soon as she finishes lunch, she has a nap for one hour.

After her nap, she likes to go for a walk around the lake and look at nature. She sometimes reads or meditates at the lake in the afternoon. In the evening, during the week, she meets up with friends. Most of her friends are athletes too, so they have a lot to talk about.

She typically goes to bed at 9 pm because she prefers to be awake in the morning than at night. She sometimes falls asleep listening to music, but she never watches the television or reads anything on her tablet. She always makes sure her alarm is set and is almost always asleep by 9:45 pm.

1. What time does she finish ca. 5:30 am.	thecking her emails? b. 5:45 am.	c. 6:00 am.
2. How long does she run for a. 45 minutes.	in the morning? b. 60 minutes.	c. 90 minutes.
3. Janet has a healthy break a. always	cfast. b. occasionally	c. usually
4. How often does she meditar a. Once or twice a day.	te? b. Once a day.	c. Rarely.

- **5.** What does Janet do to help her get to sleep?
- a. listen to music
- b. read on her tablet
- c. watch TV
- **6**. What is the last thing she does before going to sleep?
- a. She reads.

- b. She sets her alarm.
- c. She checks the time.

Reading 2.

Read a text about how Sarah's life was in the past and how it is now. For questions 1 to 6, choose the correct answer.

How my life has changed.

I used to work on cruise ships as a musician. I travelled a lot! I spent the month before the first lockdown in four continents! I used to get up really early, drive to the airport and fly to a port across the world and get on a ship just to get to work! Then I used to spend between three and fourteen days on the ship. The ships were great. The food was excellent, and the staff were brilliant. The ship stopped at fantastic places, and I often used to spend the afternoon at the beach drinking cocktails or sightseeing. But there were disadvantages too. I often didn't know anyone on the ship. But the passengers all knew me, and they used to talk to me every time I left my cabin. I didn't have any privacy. Of course, I had to chat to them politely even when I wasn't in the mood.

But now, everything has changed. The cruises aren't running now, and I don't know when they will run again, and I've been in my flat for a year. I never used to spend much time here, and I haven't spent a whole year in England for over twenty years! But I've enjoyed it. I bought a bike last year, and I've found some great beach cafes that I never used to know about. I also bought a campervan, and I drove around the coast. I always used to prefer beaches in the Caribbean and the Mediterranean to British beaches. The weather is much better for a start! But I found some beautiful places last year. I could park on the beach in some places and run straight into the sea! They were much less touristy and more peaceful than the places where the cruise ships go.

I'm spending a lot more time alone now. I didn't use to be alone much when I was working. But since the pandemic started, I have developed new relationships with people who I didn't use to know very well. I always used to prefer the company of entertainers and people who like to travel. I used to think that people with normal jobs were boring. But since last year, I've got to know some really interesting, strong, kind and caring people! So that's been really valuable.

- **1.** Sarah didn't use to have to _____
- a. travel long distances to work.

b. get up early.			
c. manage staff on the ship.			
2. Sarah used to around	the world.		
a. perform in concert halls			
b. take her bike			
c. relax on beaches			
3. Sarah didn't use to like			
a. the lack of privacy on beac	ches.		
b. her colleagues on the ship.			
c. talking politely to strangers	S.		
4. Sarah is spending at 1	home than befo	re.	
a. more time			
b. less time			
c. about the same amount of	time		
5. Sarah went on bike rides a	nd found some	nice	
a. cafes	b. beaches		c. parks
6. Sarah disliked British beac	ches because	_ beaches in oth	er countries.
a. there are more people than	on		
b. the weather is worse than o	on		
c. they are not as beautiful as			
Use of English 1.			
For questions (1-6) choose the	he correct answ	er A, B, C or D.	

My first holiday.

	I remember my first holiday very(1). It was in Paris in France. I was								
11(2) old. I was there with my parents from 29th March to 6th April. The									
weather was cold. It(3) rainy. On the first four days we walked in the centre									
of Paris. I wasn't happy in the museums and galleries – they were(4).									
(5) 4th April it was my birthday. We went to Disneyland and(6) a great time there. We were very happy and excited.									
1	A	good	В	better	C	well	D	best	
2	A	year	В	year's	С	years	D	years'	
3	A	didn't	В	wasn't	C	isn't	D	weren't	
4	A	boring	В	bored	C	interesting	D	interested	
5	A	In	В	On	C	At	D	For	
6	A	have	В	spent	C	visited	D	get	

Use of English 2.

For questions (1-6) choose the correct answer A, B, C or D.

Funny Fred

When Funny Fred (1)	school, he wanted to be a clown and have his own
business. He decided to leave th	e UK and to live abroad – he moved (2)
What did he do there? He went	to circus school to learn about acrobatics and magic
tricks. He also learned to play (3	3)drums. When he finished, he learned two
foreign languages - French and	Italian. Then he opened his own circus schools in the
UK, France and Italy. Now he (4) a big business. Funny Fred often
visits (5) hospital	too. He wears his clown clothes (6) he
wanted the children to have fun	and get better quickly!

1	A	leave	В	left	C	leaves	D	had left
2	A	to the USA.	В	to USA.	C	the USA.	D	USA.
3	A	an	В	a	C	the	D	1
4	A	make	В	do	C	has	D	have
5	A	childrens'	В	childrens	C	children	D	children's
6	A	because	В	but	C	and	D	SO

Writing 1.

Write about an object that you always have with you. What is it? Why is this object important?

Writing 2.

What do you imagine your life will look like in 15 years? What will you do? Where will you live?